**Syllabus**

“**The Doctor and the Soul”:**

**From Psychotherapy to Logotherapy**

**in Viktor Frankl**

(Prague Humanities Institute)

This is a foundation course in Existential Psychology and Psychiatry. In this course,

we study the work of Viennese psychiatrist Viktor E. Frankl the founder of the school of “Logotherapy” who sets-forth the basic principles of “Existential Psychology” in his celebrated work: “The Doctor and the Soul” (Artztliche Seelsorg, 1946). In this work, Frankl holds that man’s search for a “meaning” in existence is a primary facet of his being; if the search goes ‘unrequited”, it leads to “neurosis”; if search is founded upon genuine “meaning” it leads to “authentic Being”; the role of the psychotherapist, then, is to help the patient discover a “purposefulness” or meaning in his life. In light of these existential discoveries, the first part of this course will attempt to discuss Frankl’s “transition” from “Psychoanalysis” to “Existential Analysis” as well as his concepts of “General” and “Special” Existential Analysis as exhibited in the second part of “The Doctor and the Soul”; once this has been accomplished, we will then be in a position to conclude our study by discussing Frankl’s concept of “Logotherapy” as a valuable “psychotherapeutic” technique which attempts to “open up” a new dimension of “freedom’ and “meaning” in the patient’s life through “Logotherapy.”

**Required texts:**

**TO BE ANNOUNCED**